

An overview to helping you through a cancer diagnosis.

Integrative Guide to

Beating Cancer



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APPROACH TO CANCER

I began working with cancer 40 years ago when I began training and working in International Integrative Clinics in Switzerland and Germany – clinics such as the Lukas Cancer Clinic in Arlesheim Switzerland [Lucas Cancer Clinic in Basel Switzerland](#) , the [Filder Clinic in Stuttgart Germany](#) and the Paracelsus Clinic in Unterlengenhardt Germany [Paracelsus Clinic, Lustmule Switzerland](#). It was in these clinics that I began to develop my integrative approach to preventing and treating all stages of cancer



The aim of an integrative approach to cancer is to restore the natural self-regulatory and healing functions of the body-mind system so as to control the unrestrained growth of cancer

cells, while introducing effective treatments to eliminate cancer cells. In order to ensure that the cancer does not recur one has to upgrade the health of essential body functions, such as the immune system, liver and digestive system, remove cancer triggers and carcinogenic agencies and as far as possible explore the root causes of cancer.

Over the past four decades in collaboration with international cancer specialists, in Europe, UK and USA, our Clinic has established an integrative diagnostic and therapeutic program to achieve these aims:

1. Establish an Integrative Diagnostic Profile using conventional investigations, live blood analysis and exploratory counseling.
2. Identify and eliminate external environmental carcinogens and agencies -physical, chemical, biological, nutritive, psycho-social
Such as: excessive cold, heat, radiation exposure; toxic substances in the air, food and beverages, in medicinal and body care products, detergents in home and work place; biological agents such as mould, dust mites etc.

3. Identify and eliminate internal environmental cancer triggers – dental work (amalgams, root canals, cavitations), focal infections and gut dysbiosis, together with active detoxification of bowel, liver and kidney systems.



4. Upgrade lifestyle through optimum diet, regular exercise, healthy water supply, sleep enhancement, stress reduction and healthy balance of life activities.
5. Support essential body functions using supplements, botanicals, body work interventions, such as hydro colonic irrigation, massage, lymph drainage and acupuncture
6. Introduce core cancer treatments:
 - Autologous Intravenous ozone therapy,
 - High dose Intravenous vitamin C therapy,

- Mistletoe injections
- Sono Photo Dynamic Therapy

7. Explore deeper psycho-emotional factors that contribute to the development of the cancer using [PATH Method](#). Counseling techniques

8. Maintain long term health through a sustainable cancer preventative health programme such as mistletoe injections, dietary management, supplements, regular follow up checkups.

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